

# TRAINER PROFILE

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## Fields of Expertise & Interest

1. Youth Power and Participation
2. Peace and Global Education
3. Human Rights – Social Inclusion

Also interested in: Leadership Development, Volunteering, Youth participation

## Experience

I participate in a lot of training courses on the above topics (and not only).

As a participant, the most important of them are:

- International Peace Fellowship organized by International Peace Initiative Foundation (Thailand, 07-23 January 2016)
- Training in "Peace Culture" (Nicosia, 10-17 May 2015)
- Training in "Non-Violent Activism" by Friends of Earth Cyprus (02-09 October 2014)

As a trainer, the most important of them are:

- Trainer at "Give Peace a Chance" organized by Cyprus Youth Council (Nicosia, 01-07 September 2015)
- Trainer at the 1st non-formal education school organized by Student Affairs of University of Cyprus (May 2015)
- Trainer at the 1st youth Forum for social inclusion subject, organized by Cyprus Youth Organization (O.N.E.K) (Nicosia, May 2015)
- Trainer at the 1st student Symposium organized by Cyprus Youth Organization (O.N.E.K) (Nicosia, March 2015)"

## Brief bio

**EN** With Bachelor in Mechanical Engineer and with an MBA with Finance Concentration, I realized that what we really need is Love, Crazyness and Passion to change the World. Talk to me about Love, Peace, Understanding and Respectfulness and you are already my person. I love swimming and my bicycle and my dream is to live in Peace (whatever means that to anyone of us). My free hours I dedicate them in volunteerism and my friends.

**EL** Πτυχίο στο Πολυτεχνείο (Μηχανολόγος Μηχανικός), με MBA μεταπτυχιακό και κατεύθυνση τα Χρηματοοικονομικά, αποφάσισα ότι αυτό που χρειαζόμαστε πραγματικά είναι αγάπη, τρέλα και πάθος για να αλλάξει ο κόσμος. Μιλήστε μου για Αγάπη, Ειρήνη, Κατανόηση και Σεβασμό και ήδη με κερδίσατε. Αγαπώ το κολύμπι και το ποδήλατό μου και όνειρό μου είναι να ζω εν Ειρήνη (ότι συνεπάγεται για τον καθένα αυτό). Τις ελεύθερες μου ώρες τις αφιερώνω στον εθελοντισμό και τους φίλους μου.

## Working Languages

Greek / Ελληνικά, English / Αγγλικά

## My motto

Την Άνοιξη αν δεν την βρεις, την φτιάχνεις (Οδυσσέας Ελύτης)  
If you can't find Spring, you make it. (Odysseas Elytis)