

TRAINER PROFILE

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Fields of Expertise & Interest

1. Human Rights – Social Inclusion
2. Sexual Reproductive Health and Rights
3. LGBTIQ Rights - Gender Issues

Also interested in: Leadership Development, Volunteering, Youth participation

Experience

During 2010 I participated in the Family Planning Association's training for answering the Help Line 1455 "Youth for Youth". Since then I have been a volunteer for CFPA. In August of 2013 I have participated in the "Homo-No-Phobia" Training Program, which was organised by YEU Cyprus and aimed to prevent and target homophobia in education settings. In May 2015 I participated in the training of trainers of the CFPA, for organizing and applying activities and training programs for the promotion of the sexual and reproductive health in youth, families and teachers. During the same period of time I have participated in the training program "Shield Homophobia in Education" for preventing and intervening in cases of homophobia that occur in the school settings. Moreover, during the past three years I have been working at the "C' Technical School" of Limassol as a group facilitator for the application of the program "Teenagers' Discussions" in groups of teenagers, aiming to promote their self-esteem and self-efficacy.

Brief bio

Andrea is on a mission to help children and teenagers achieve their best in school, in home and in their lives. She is a Licensed School Psychologist in Cyprus who has completed all of her training in Psychology within national borders. Andrea works as a group facilitator for prevention programs with teenagers and with parents and as a practicing school psychologist in the private sector. For the past 6 years she has been an active volunteer for children and youth programs and actions via the Cyprus Family Planning Association.

Η Άντρα έχει ως στόχο της το να βοηθήσει τα παιδιά και τους εφήβους στην πορεία για την δημιουργία του καλύτερου εαυτού τους στο σχολείο, στο σπίτι και στην ζωή τους. Είναι Εγγεγραμμένη Σχολική Ψυχολόγος και έχει συμπληρώσει όλη την εκπαίδευσή της στην Ψυχολογία στο Πανεπιστήμιο Κύπρου. Η Άντρα εργάζεται ως συντονίστρια ομάδων σε προγράμματα πρόληψης με εφήβους και γονείς, και ως σχολική ψυχολόγος στον ιδιωτικό τομέα. Τα τελευταία 6 χρόνια είναι ενεργός εθελόντρια σε προγράμματα και δράσεις για παιδιά και εφήβους μέσω του Κυπριακού Συνδέσμου Οικογενειακού Προγραμματισμού.

Working Languages

Greek / Ελληνικά, English / Αγγλικά

My motto

Life isn't about waiting for the storms to pass... It's about learning to dance in the rain...
Vivian Greene.