

TRAINER PROFILE

Name Anna Elia

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Fields of Expertise & Interest

1. Theater, music and arts
 2. Youth Power and Participation
 3. Environment and Ecology
- Other: Conflict Management, Training for Trainers

Experience

I love to work using theatre and arts in my trainings, either as a tool or as the objective of the training. I have worked in the field of using theatre for social inclusion, using storytelling for volunteering, working with theatre in discovering our inner selves and many more. Empowering the youth is of the strongest elements in my training experience as well. Working with the youth on youth participation and motivation, also giving them tools on how to cope better in the rapidly changing world we live. Furthermore, I have worked in the past on environmental matters and how to use nature in our trainings more but also in the field of managing conflicts as youth workers and individuals.

I have also worked in “train the trainers” field giving the base and the broadening the knowledge of trainers on how to work with youth or how to enhance their strong points in their trainings.

Brief bio

Anna Elia started working as a youth trainer in 2011. Having the background of being a volunteer since her student life, the “Theatre Education” MA and the 1 year course of “Training for Trainers”, she started being more active as a youth trainer in local actions by giving workshops on promoting the NFL method, the Erasmus + Programme (Youth in Action at that time) and also started working internationally as a freelance trainer.

Some of the themes she has worked in the past are Social Role Play, Theatre for social inclusion, Promoting NFL, Training to imagine, Storytelling for empowerment, Training for trainers, Conflict management tools for youth workers and Tradition faces Contemporary living and many others.

Anna has collaborated locally with the Youth Board, the CYC, YEU Cyprus, KEPLI and other organizations. Also has worked on international projects in Slovakia, Netherlands and Cyprus.

Working Languages

Greek / Ελληνικά, English / Αγγλικά

My motto

“Do what you love with passion and change will come.”